

SUNSHINE DEVELOPMENT MEET
FRIDAY 19th MAY, 2017

NO.	TIME	EVENT	CATEGORY	ROUND
1.	5:30	High Jump	Men Open	Final
2.	5:30	Javelin	Women Open	Final
3.	5:30	Discus	Men Open	Final
4.	5:35	4x100 M	Women Open	Time Final
5.	5:40	4x100 M	Men Open	Time Final
6.	5:55	100M Hurdles	Women Open	Time Final
7.	6:00	110M Hurdles	Men Open	Time Final
8.	6:05	400M	Girls Under 18	Time Final
9.	6:10	400M	Boys Under 18	Time Final
10.	6:10	400M	Boys Under 20	Time Final
11.	6:15	400M	Women Open	Time Final
12.	6:20	400M	Men Open	Time Final
13.	6:30	Javelin Throw	Men Open	Time Final
14.	6:35	1500M	Men Open	Final
15.	6:35	Long Jump	Men Open	Final
16.	6:35	Shot Put	Women	Final
17.	6:40	400M Hurdles	Women	Time Final
18.	6:45	400M Hurdles	Boys Under 20	Time Final
19.	6:50	400M Hurdles	Men	Time Final
20.	6:55	200M	Girls Under 18	Time Final
21.	7:00	200M	Boys Under 18	Time Final
22.	7:05	200M	Boys Under 20	Time Final
23.	7:10	200M	Women	Time Final
24.	7:15	200M	Men	Time Final
25.	7:20	800M	Women Open	Time Final
26.	7:25	800M	Men Open	Time Final
27.	7:25	Shot Put	Men Open	Final
28.	7:25	Discus	Women Open	Final
29.	7:25	Long Jump	Women Open	Final
30.	7:35	3000M	Men Open	Final
31.	7:40	100M	Girls Under 18	Time Final
32.	7:45	100M	Boys Under 18	Time Final
33.	7:50	100M	Boys Under 20	Time Final
34.	7:55	100M	Women	Time Final
35.	8:00	100M	Men	Time Final
36.	8:10	4x400M	Women Open	Time Final
37.	8:20	4x400M	Men Open	Time Final