

events categories prizes

Kids U12 2K male/female **3:00 pm**
Voucher 1st \$250 2nd \$200 3rd \$150

Youth 12-15 4K male/female **3:15 pm**
Voucher 1st \$300 2nd \$250 3rd \$150

Junior Women U20 6K **3:40 pm**
Voucher 1st \$400 2nd \$300 3rd \$200
 Team prizes : Schools/Clubs **
Voucher 1st \$600 2nd \$500 3rd \$400

Junior Men U20 8K **4:10 pm**
Voucher 1st \$400 2nd \$300 3rd \$200
 Team prizes : Schools/Clubs **
Voucher 1st \$600 2nd \$500 3rd \$400

Open Women 10K **4:20 pm**
Cash 1st \$800 2nd \$700 3rd \$600
 Age Groups : 20-29 : 30-39 : 40-49 : 50+
Cash 1st \$250 2nd \$200 3rd \$150
 Team prizes: Clubs/Institutions/NSO's **
Cash 1st \$750 2nd \$650 3rd \$525

Open Men 10K **4:20 pm**
Cash 1st \$800 2nd \$700 3rd \$600
 Age Groups : 20-29 : 30-39 : 40-49 : 50+
Cash 1st \$250 2nd \$200 3rd \$150
 Team prizes : Clubs/Institutions/NSO's **
Cash 1st \$750 2nd \$650 3rd \$525

** The first three placings will be scored using a point system

Registration opens @ 1:00 pm and closes on the race day 30 minutes before each event

naaatt.org/crosscountry

what

NAAATT NATIONAL CROSS COUNTRY CHAMPS

when

25TH NOVEMBER 2018 :: 3:00 PM

where

QUEENS PARK SAVANNAH (OPP. QUEENS ROYAL COLLEGE)

entrance

\$40 OPEN :: \$20 UNDER 20

register

firstname

lastname

club/team

date of birth YYYY / MM / DD

race day age YEARS sex M F

release waiver indemnity

In consideration of the acceptance of my application and the permission to participate as an entrant or competitor in the **NAAATT NATIONAL CROSS COUNTRY CHAMPIONSHIPS 2018**, I the undersigned intending bound, hereby for myself, my heirs, executors, administrators, successors and all assigns for any and all injuries, suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for this event. Further, I hereby grant full permission to any and all the foregoing to use any photograph, video tapes, motion pictures, recordings or any other record of this for any legitimate purposes.

signature

date

If participant is under 18 years of age, a parent or guardian must sign the release, waiver and indemnity