

## NGC NAAA Combined Events Championships 2018

### Run, jump, throw!

**This weekend** many of our local aspiring athletes will convene at the Hasely Crawford Stadium for the **NGC NAAA Combined Events Championships 2018** in a bid to stake a claim to being the “Greatest Athlete in Trinidad and Tobago” by being able to compete not in a specialist race but across various types of athletic events.



Athletes will range from as young as under 9 (U-9) years right up to the Open category both male and female, competing in various track and field events to prove their prowess across the foundation blocks of athleticism: the skills of **running, jumping and throwing**.



Last year’s winners Tyrique Vincent – Boys Triathlon, Tenique Vincent – Girls Triathlon, Lebron James – Boys Pentathlon just to name a few are set to defend their title.

**Entrance is Free and the two day event begins at 10am on each day.**



Continued : Programme of events for 19th & 20th June ...

## **NGC NAAA Combined Events Championships 2018**

### **Hasely Crawford Stadium**

**Saturday & Sunday, 19<sup>th</sup> - 20<sup>th</sup> June 2018 @10:00 am**

**Admission Free**

#### **Triathlon – Under 9**

· 60m · Long Jump · Ball Throw (400g)

#### **Tetrathlon - Under 11**

· 60m · Long Jump · 800m · Ball Throw (400g)

#### **Pentathlon – Under 13**

· 60m · 800m/1000m · Long Jump · High Jump · Ball Throw (400g)

#### **Heptathlon – Under 15**

· 80m · 1000m/1200m · 60mh (.76m)/80mh(.84m) · Long Jump · High Jump  
· Ball Throw (400g) · Shot Put(3kg)

#### **Heptathlon – Girls Under 17 / Girls Under 20 / Women**

· 100mh(0.762/0.838m) · High Jump · Shot Put(3kg)/(4kg) · 200m · Long Jump  
· Javelin Throw(500g/600g) · 800m

#### **Decathlon – Boys Under 17 / Boys Under 20 / Men**

· 100m · Longjump · Shotput(5/6/7.26kg) · Highjump · 400m · 110mh(0.914/0.991m/1.06m)  
· Discus Throw(1.5/1.75/2kg) · Pole Vault · Javelin (700/800g) · 1500m

**More photos on our Facebook page:**

<https://www.facebook.com/NAAA-TT-254525524723356/>

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